

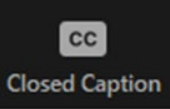



The Importance of Accessing Mental Health Services

Office Hours | May 4, 2023



Instructions for Zoom Meeting Participation

- All participants should stay muted unless you are speaking.
- The session is being recorded and will be sent via email along with slides and evaluation. All materials will be put on the [NADTC website](#).
- Closed captioning is available. You can turn captioning on/off by clicking on the cc button. 
- Questions should be entered into the chat, and can be used for responses to questions, or technical assistance. 

Webinar Agenda

NADTC Overview

Jeremy Johnson-Miller, NADTC Communications Manager

Featured Speaker

Angela Weeks, Project Director

Center for Excellence: LGBTQ+ Behavioral Health Equity

Tip Sheet: Providing Welcoming Transportation

Participant Questions



MISSION: To promote the availability of accessible transportation options that serve the needs of **Older Adults, People with Disabilities, Caregivers and Communities.**



NADTC 2022 Photo Contest Winner:
Limitless Cycling, Wisconsin

MAJOR OBJECTIVES:

- Person-centered technical assistance and information
- Training
- Communication and Outreach
- Coordination and partnership
- Investment in community solutions



Photo Credit: Metrolina Association for the Blind, Charlotte, NC

Transportation Technical Assistance Coord. Library



The Transportation Technical Assistance Coordination Library (TACL) provides a sustainable methodology and platform to access rural and tribal transportation coordination resources across a diverse range of transportation technical assistance centers and the Federal Transit Administration (FTA).

The FTA-funded technical assistance centers participating in this ongoing work with links to their coordination resources are:

- National Aging and Disability Transportation Center (NADTC)
- National Center for Applied Transit Technology (N-CATT)
- National Center for Mobility Management (NCMM)
- National Rural Transit Assistance Program (National RTAP)
- Shared-Use Mobility Center (SUMC)

Why a Transportation DEI & A Initiative?

- 2017 NADTC poll found various transportation inequities, also indicated communities face economic barriers, lack of translated materials or targeted outreach, residential segregation or isolation, and longer distances to access services.
- USDOT Secretary Buttigieg has identified racial equity as a priority and dedicated \$2T toward the bipartisan infrastructure bill.



NADTC's Transportation DEI & A Initiative

- National Transportation Diversity, Equity and Inclusion Survey
 - Received 2,435 responses from diverse Older Adults, People with Disabilities and Caregivers.
- Focus Groups
- Regional Meetings
- Lunch & Learn and Office Hours



DEI & A Initiative – New in 2023!

■ National Symposium

- NADTC will choose 6 communities
- Focused on diversity, equity, inclusion and accessibility
- Each team will be provided with guidance documents and tools to guide their conversation
- Report back to NADTC



Follow Us for More Information!

Join our Mailing List!



NADTC Transportation Diversity, Equity and Inclusion Initiative

www.nadtc.org/nadtc-transportation-diversity-initiative/

contact@nadtc.org

www.nadtc.org








CENTER of EXCELLENCE

LGBTQ+ BEHAVIORAL HEALTH EQUITY

ABOUT

ADDRESSING BEHAVIORAL HEALTH DISPARITIES AMONG LGBTQ+ COMMUNITIES

This Center of Excellence, funded through a grant from the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration, is designed to support the implementation of change strategies within mental health and substance use disorder treatment systems to address disparities impacting the LGBTQ+ community.

-  ACCESSIBLE EXPERTS
-  UPDATED RESOURCES
-  RAPID TECHNICAL ASSISTANCE
-  PROFESSIONAL DEVELOPMENT
-  PEER TO PEER LEARNING



Risk Factors

- Lack of family acceptance/support
- Bullying, harassment, violence
- Lack of visible possibility models
- Lack of social programs
- Limited access to affirming care
- Stigma associated with LGBTQ+ identities
- Internalized biases
- Economic hardships due to discrimination

Leads to high rates of isolation, depression, anxiety, minority stress, suicidal ideation, and other negative mental health outcomes.

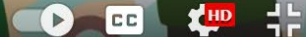
Animated Short on Providing Equitable and Affirming Care to LGBTQ+ Older Adults

Serving LGBTQ+ Older Adults in Behavioral Health Settings



0:03 / 6:37

Scroll for details



<https://youtu.be/Tqryt-j94cY>



Educational Video for Providers and Families

Support for LGBTQ Youth
Starts at Home:
An [#AsYouAre](#) Project

<https://youtu.be/fyXRwX3aeOU>

▶ ⏪ 🔊 3:11 / 9:20



Learning About Sexual Orientation, Gender Identity & Expression

This video, available in English, Spanish, and Portuguese, reviews basic terminology that is important to know when working with people who have diverse sexual orientations or gender identities. This terminology includes sex assigned at birth, gender identity, gender expression, sexual orientation, and more.

WATCH NOW:
ENGLISH

WATCH NOW:
SPANISH

WATCH NOW:
PORTUGUESE

<https://youtu.be/-CrjaFBF5dY>



Questions or Assistance



Angela Weeks, DBA

Pronouns: She/Her/Hers

Director, National SOGIE Center

Angela.weeks@uconn.edu

<https://lgbtqequity.org/>

www.sogiecenter.org

Provide Welcoming Transportation for Everyone!

- Attend trainings to build your knowledge and understanding of the issues or terminology
- Avoid gendered language.
Ex: “Good Morning, Everyone”
- Use supportive messaging on ads or social media; symbols like pride flags or buttons on your name badge or lanyard
- Be mindful of side conversations or messaging on the radio
- Never assume, people with disabilities or older adults can identify as LGBTQ+
- Review your agency policy on harassment and how you can assist in certain situations

Thank You!

- Recording and Materials will be posted on our website: [NADTC Training and Webinars](#)
- Angela Weeks, Angela.Weeks@uconn.edu
- Jeremy Johnson-Miller, jjohnsonmiller@easterseals.com