



# Transportation Challenges in Rural Maine: On the Road in Aroostook County

A project supported by the  
National Aging & Disability Transportation Center

## Aroostook Agency on Aging

Aroostook County Health Improvement Partnership

# About Aroostook

➤ Larger than Rhode Island and Connecticut combined

➤ Crown of Maine

➤ Population: 67,351

➤ 26.2% aged 65 and older

➤ 21% living with a disability





# What did we do?

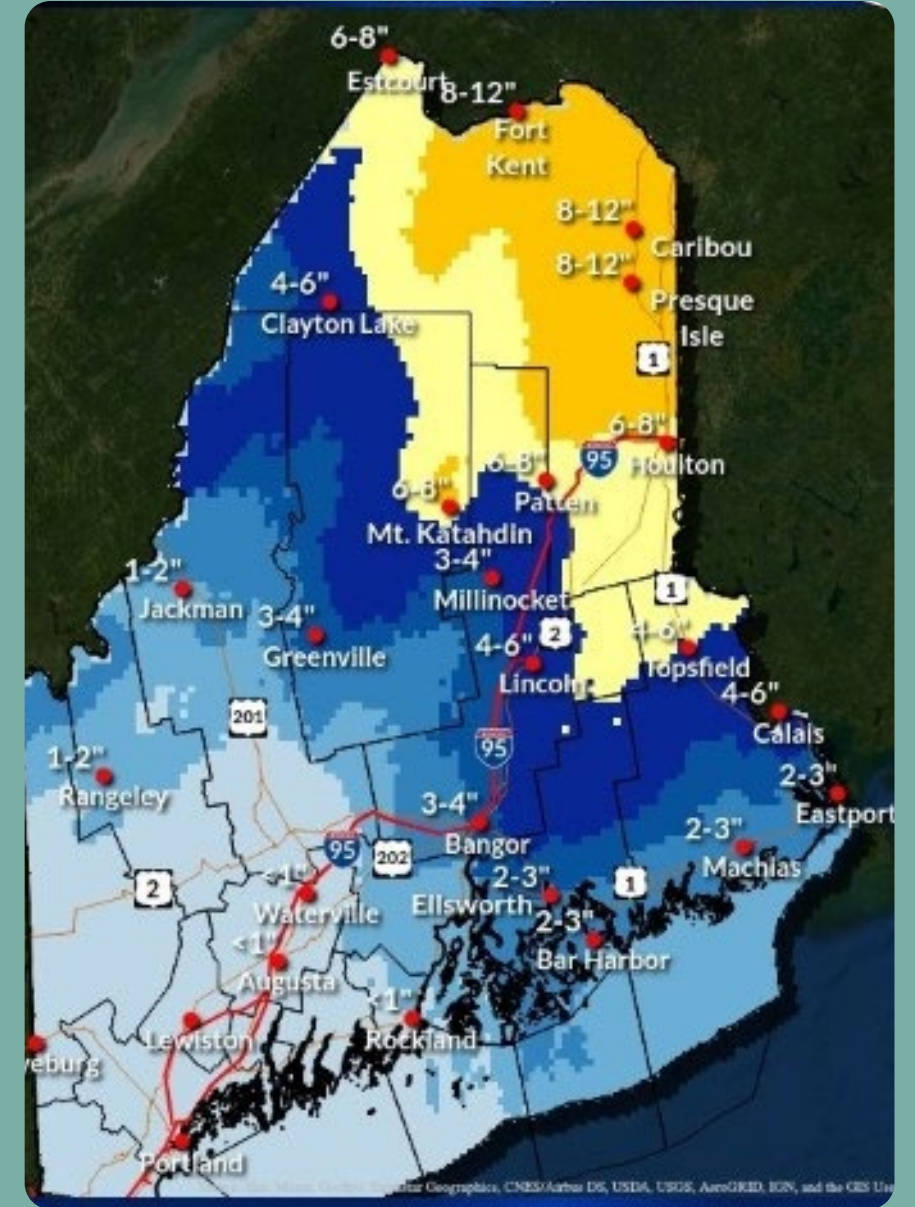
- **Surveys**
  - **200+ Completed**
- **Focus Groups**
  - **3 sites, 1 attendee**
- **Follow up interviews**
  - **19 Conducted**
- **Community meeting**
  - **1 site, 39 attendees**



# What did we discover?

## Challenges/Needs

- Out-of-County transportation
- Weekend & after-hours transportation
- Public transit: awareness
- Weather conditions & night driving





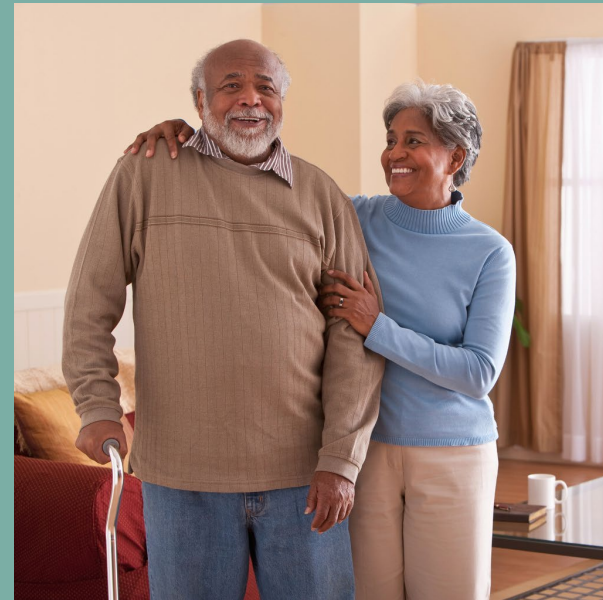


# STORIES

❖ Rhonda

❖ Shirley

❖ Roger





# What did we learn?

- Set partner expectations at start
- Survey lessons



# What's next?

- **Summit**
  - **County-wide**
  - **Connect/Reconnect**
  - **Collaboration**







# Thank you!



Photos courtesy of Christopher A Mills Photography  
Houlton, ME